

Washington Biathlon Association Race 8

Stevens Pass Nordic Center, Stevens Pass, WA Saturday, April 6 10:30 A.M. Zeroing 11:30 A.M. Race Mass start 10K Men, 7.5K Women

http://www.washingtonbiathlon.org

Forecast/Conditions: Overnight low of 33 rising to 43 during the event under partly cloudy skies. The 61 inch base will begin to show some accumulated dirt from many warm days in the past two weeks and will be on the soft side at race time.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Liquid Paraffin Yellow, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush. If snow is cleaner than I have indicated, you may reapply the HP LP Yellow at the start and ski while still wet and you will be on rockets right out of the gate!

Gripwax: N/A

Structure: A wet or universal structure covered with one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax or before spraying HP LP will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. fordstruc@gmail.com Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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